

# FIRST AID KIT CHECKLIST

## BANDAGES & DRESSINGS

- Ace Wrap
- Adhesive Bandages
- Adhesive Tape
- Antiseptic Wipes
- Butterfly Closure Strips
- Compress Dressing
- Cotton Swabs
- Ice Pack
- Roller Bandages
- Sterile Gauze Pad
- Trama Pad
- Triangular Bandage

## MISC. SUPPLIES

- Cold Compress
- Emergency Phone Numbers
- First Aid Manual
- Plastic Bags
- Snake Bite kit
- Space Blanket

## MEDICINES

- Antibiotic Ointment
- Anti-inflammatory
- Aspirin
- Burn Ointment
- Cold & Flu Relief
- Cough Medicine
- Eye Drops
- Hydrocortisone Ointment
- Insect Relief
- Pain Killers
- Personal Medication
- Poison Ivy Cream
- Saline Solution
- Sinus Medication
- Stomach Relief
- Sunburn Relief
- Toothache Medication

## PERSONAL PROTECTION

- Disposable Gloves
- CPR Shield
- Hand Sanitizer
- Goggles
- Mask

## INTRUMENTS & EQUIPMENT

- Irrigation Syringe
- Nail Clippers
- Penlight
- Scissors
- Safety Pins
- Splint Materials
- Thermometer
- Tweezers